PHYSICAL HEALTH SCREENING FOR PEOPLE WITH A MENTAL ILLNESS
Community Engagement Process
WHY IS SCREENING NEEDED?

- People with serious mental illness live 10 - 32 years less than the general population
- Commonwealth & State government priorities
- Health of PWMI in outer regional and remote areas is worse than their metro counterparts
- “treatment of a physical ailment is overshadowed and sidelined by the presence of a mental illness” (National Mental Health Commission, 2012)
Idea:
Engage consumers and carers in developing a pilot physical health screening tool.

Progress:
Two community reference groups have been conducted to gain feedback at key stages of the project.

Barriers:
Time and distance

Successes:
Steering committee’s use of feedback, changes in perception on the value of community consultation
CONSUMER CARER REFERENCE GROUP

- August 2012
  Establish shared values to underpin the project
- January 2013
  Review shortlisted health screening tools
- February 2013
  Staff training needs
- July 2013
  Project outcomes
1.10 Are you aware of the risks of sexually transmitted infection?  
☐ Yes ☐ No  
If no, would you like more information on this?  
☐ Yes ☐ No  
Would you like further information on any other sexual health issue?  
(pregnancy, contraception, importance etc.)  
☐ Yes ☐ No

1.11 Looking back over the questions in this section do you have any concerns about any of these issues or need any further information?  
If yes, please give details:

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**Symptoms checklist**

2.2 On each body figure please use numbers to indicate any areas where you experience current or regular pain, discomfort or difficulties in your body. Please include issues such as skin, dental, ear problems or incontinence.

Place a number in each area of difficulty on the body and then use Table B to explain further details about it. For example: "I placed over the chest area might indicate: Problem - chest pain  
Frequency - when exercising  
Impact - prevents me from exercising."

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**Table B**

For other symptoms marked on body outline, note frequency and severity in the table below:

<table>
<thead>
<tr>
<th>Number</th>
<th>Problem</th>
<th>Frequency</th>
<th>Impact</th>
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